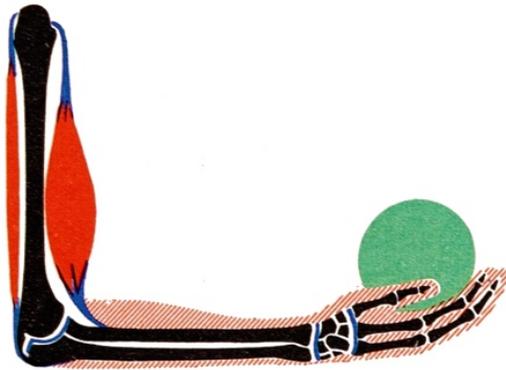


Limbs and levers

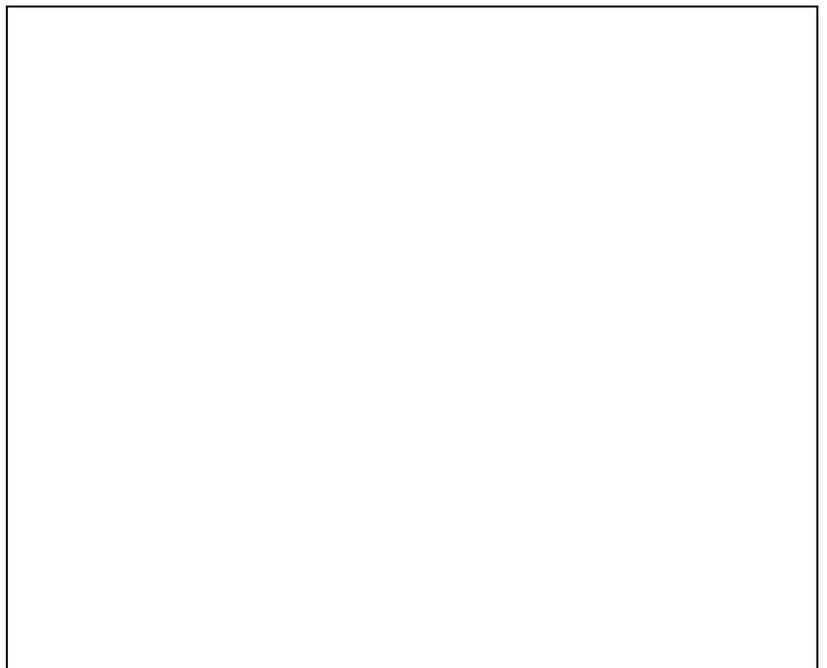
1. Here is a diagram showing someone holding a weight in their hand.



Label:

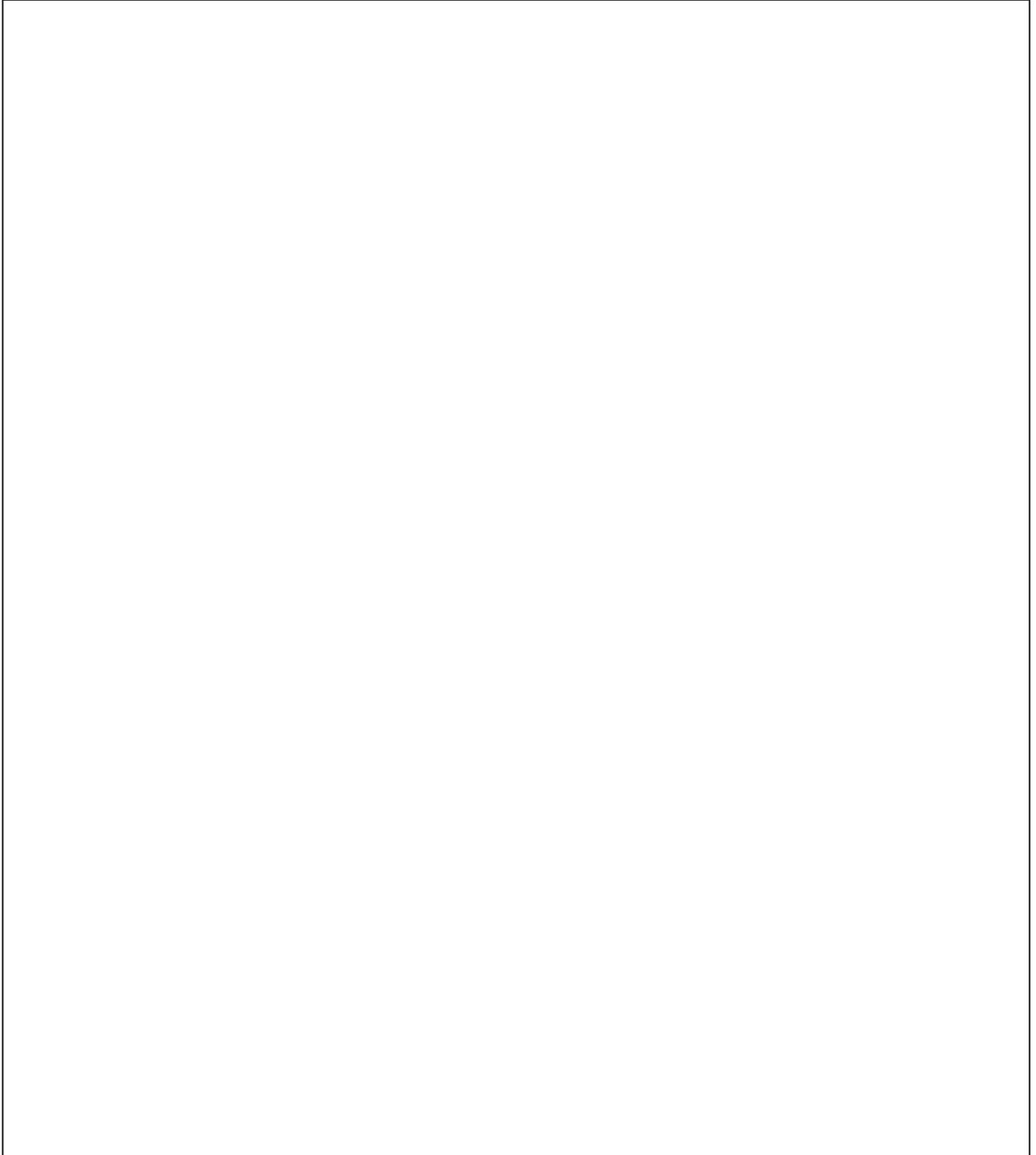
- the finger bones
- the wrist bone
- the elbow
- the muscles

2. Draw what the arm looks like when the muscle is relaxed



3. We can use the forearm as a short lever.

We can also use the arm stretched at full as a longer lever.
Can you draw other parts of your body that act as levers?

A large, empty rectangular box with a thin black border, intended for a student to draw other parts of the body that act as levers.